

# Recently had a family member sent to prison?

Information Leaflet



The Families Affected by Imprisonment Project is a partnership between Leicester City Council, Leicestershire County Council, Rutland County Council, Leicestershire Police, Schools, Probation and the Violence Reduction Network.

It was established in January 2021 to improve the support available to families who have a loved one in prison: we know that having a family member in custody is really tough for those on the outside and we want to make sure that families can get help and support during this time.

Information, support and guidance  
for those who have had someone  
close sent to prison

# Support, information and guidance for families in Leicester, Leicestershire & Rutland.

Having someone close to you who is sent to prison can be a difficult time. We understand that everyone is different and affected in different ways.

You may feel that you don't need support at this time. These services can offer support at any point during the period of imprisonment and upon release.

If you are unsure, just call, support is available.

## Local Early Help Services

Local Early Help Services can provide advice and information to families. This includes, if wanted, a family support worker should you need more dedicated support when adjusting to having a loved one in custody.

### Contact:



If you live in Leicester

-  [families.leicester.gov.uk](https://families.leicester.gov.uk)
-  [early-help@leicester.gov.uk](mailto:early-help@leicester.gov.uk)
-  **0116 454 1004** (follow the menu options as prompted and select 'early help' when offered a choice).

If you live in Leicestershire

-  [leicestershire.gov.uk/ children-and-family-wellbeing-service](https://leicestershire.gov.uk/children-and-family-wellbeing-service)
-  [CFWS@leics.gov.uk](mailto:CFWS@leics.gov.uk)
-  **0116 305 8727**

If you live in Rutland

-  [ris.rutland.gov.uk](https://ris.rutland.gov.uk)
-  [Early-Help@rutland.gov.uk](mailto:Early-Help@rutland.gov.uk)
-  **01572 758493** please ask for the Early Help team.

## The Ebb Leicester

Offering Adult Peer Support groups for anyone aged 18+ with a someone in the criminal justice system and Friendly Place Mondays Clubs for children with a family member in prison.

### Contact:

-  search 'The Ebb Leicester'
-  [ebbleicester@gmail.com](mailto:ebbleicester@gmail.com)

## The Straight Path Resettlement Project, Leicester

Multi-lingual (Urdu, Gujarati, Punjabi) advice, guidance and support (practical and emotional, faith and spiritual) and community chaplaincy: open to all and specialising in supporting BAME families/ communities.

### Contact:

-  [khidmah.org/events/resettlement-project/](https://khidmah.org/events/resettlement-project/)
-  [thestraightpath@khidmah.org](mailto:thestraightpath@khidmah.org)
-  **07512 066 734**

## National Services

### Children Heard and Seen

Tailored 1:1 online sessions for children and families across England.




#### Contact:

-  **07557 339 258**
-  [info@childrenheardandseen.co.uk](mailto:info@childrenheardandseen.co.uk)

### The Prisoners' Families Helpline

Practical information, emotional support or referrals to additional support as required on all aspects of the justice system.

#### Contact:

-  **0808 808 2003** 9am – 8pm Monday to Friday and 10am – 3pm Saturday and Sunday. Closed on Bank Holidays.
-  [info@prisonersfamilies.org](mailto:info@prisonersfamilies.org)  
We aim to respond to emails within 3 working days. If you have urgent concerns about the safety of a prisoner, please report this to the prison safer custody team directly.
-  [prisonersfamilies.org](https://prisonersfamilies.org)  
Full of information, with links to support on everything from arrest to release from prison.

## Online information sources

### PACT

A website full of useful information including a prison visitors' guides, videos to watch and books to download for children and information on all aspects of the criminal justice system.

 [prisonadvice.org.uk](https://prisonadvice.org.uk)

### Spurgeons – How to tell children

Top tips for families with a loved one in prison including advice on how, what and when to tell children.

 [spurgeons.org/top-tips-for-families/](https://spurgeons.org/top-tips-for-families/)

### GOV.UK

Official government information on everything to do with prisons including a full list of prisons, ways to stay in touch with a prisoner, how to send money to a prison, how to get help with the cost of visiting.

 [gov.uk/browse/justice/ prisons-probation](https://gov.uk/browse/justice/prisons-probation)

### Turn2Us

Information and guidance on all financial issues, including eligibility and changes to benefits as a result of a partner being sentenced to custody.

 [turn2us.org.uk/Benefit-guides/Partner-in-prison/Benefits-Partner-in-prison](https://turn2us.org.uk/Benefit-guides/Partner-in-prison/Benefits-Partner-in-prison)