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| **Year Group** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **FS NC:** | Early Learning Goals:  Gross Motor Skills ELG Children at the expected level of development will: 11 - Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing; - Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.  Fine Motor Skills ELG Children at the expected level of development will: - Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases; - Use a range of small tools, including scissors, paint brushes and cutlery; - Begin to show accuracy and care when drawing. | | | | | | |
| **FS** | Agility, Space and Movements | Gymnastics | Catching and Throwing | Ball Skills | Athletics | Skill Based Challenges |
|  | Balance Bikes |  |  |  | Sports Day |

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| **KS1 NC:** | • master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities  • participate in team games, developing simple tactics for attacking and defending  • perform dances using simple movement patterns | | | | | |
| **Y1** | Teamwork and Leadership  Games 1 | Games 2 Gymnastics | Games 3  Dance 1 | Games 4  Dance 2 | Games 5  Athletics |  |
| Big Moves |  |  | Gymnastics |  | Sports Day  Multi-skill Festival |
| **Y2** | Teamwork and Leadership  Games 1 | Games 2  Gymnastics | Games 3  Dance 1 | Games 4  Dance 2 | Athletics  Games 5 |  |
|  |  |  | Gymnastics |  | Sports Day  Multi-skill Festival |

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| **KS2 NC:** | | • use running, jumping, throwing and catching in isolation and in combination  • play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending  • develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]  • perform dances using a range of movement patterns  • take part in outdoor and adventurous activity challenges both individually and within a team  • compare their performances with previous ones and demonstrate improvement to achieve their personal best | | | | | |
| **Y3** | Tag Rugby  Teamwork and Leadership Skills | | Gymnastics  Hockey | Dance  Netball | Basketball  Tennis | Cricket  Athletics  Swimming | Football  Rounders  (Swimming) | |
| Virtual 5k | | Virtual Athletics | Cross-Country  Gymnastics?  Virtual Basketball | Girls Football  Tag Rugby  Quiksticks  Virtual Hockey | Virtual Tennis | Sports Day  Athletics (Corby Tri)  Virtual Cricket | |
| **Y4** | Tag Rugby  Teamwork and Leadership Skills | | Gymnastics  Hockey  Swimming | Dance  Netball  (Swimming) | Basketball  Tennis | Cricket  Athletics | Football  Rounders | |
| Virtual 5k | | Virtual Athletics | Cross-Country  Gymnastics  Virtual Basketball | Girls Football  Tag Rugby  Quiksticks  Virtual Hockey | Virtual Tennis | Sports Day  Athletics (Corby Tri)  Virtual Cricket | |
| **Y5** | Tag Rugby  Teamwork and Leadership Skills | | Gymnastics  Hockey | Dance  Netball  Swimming | Basketball  Tennis  (Swimming) | Cricket  Athletics | Football  Rounders | |
| Football  Virtual 5k | | Virtual Athletics | Cross-Country  Gymnastics  Virtual Basketball | Quiksticks  Virtual Hockey | Football  Kwik Cricket  Virtual Tennis | Sports Day  Athletics (Corby Tri)  Virtual Cricket | |
| **Y6** | Tag Rugby  Teamwork and Leadership Skills  Swimming | | Gymnastics  Hockey  (Swimming) | Dance  Netball | Basketball  Tennis | Cricket  Athletics | Football  Rounders | |
| Football  Virtual 5k | | Virtual Athletics | Cross-Country  Gymnastics?  Virtual Basketball | Quiksticks  Virtual Hockey | Football  Kwik Cricket  Virtual Tennis | Sports Day  Athletics (Corby Tri)  Virtual Cricket | |

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|  | Competitions and Events |
|  | Sports taught |
|  | Curriculum Objectives |