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| **Year Group** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **FS NC:** | Early Learning Goals:Gross Motor Skills ELG Children at the expected level of development will: 11 - Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing; - Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Fine Motor Skills ELG Children at the expected level of development will: - Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases; - Use a range of small tools, including scissors, paint brushes and cutlery; - Begin to show accuracy and care when drawing. |
| **FS** | Agility, Space and Movements | Gymnastics | Catching and Throwing | Ball Skills | Athletics | Skill Based Challenges |
|  | Balance Bikes |  |  |  | Sports Day |

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| **KS1 NC:** | • master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities • participate in team games, developing simple tactics for attacking and defending • perform dances using simple movement patterns |
| **Y1** | Teamwork and LeadershipGames 1 | Games 2 Gymnastics | Games 3Dance 1 | Games 4Dance 2 | Games 5 Athletics |  |
| Big Moves |  |  | Gymnastics |  | Sports DayMulti-skill Festival |
| **Y2** | Teamwork and LeadershipGames 1 | Games 2Gymnastics | Games 3Dance 1 | Games 4Dance 2 | AthleticsGames 5 |  |
|  |  |  | Gymnastics |  | Sports DayMulti-skill Festival |

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| **KS2 NC:** | • use running, jumping, throwing and catching in isolation and in combination • play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending • develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] • perform dances using a range of movement patterns • take part in outdoor and adventurous activity challenges both individually and within a team • compare their performances with previous ones and demonstrate improvement to achieve their personal best |
| **Y3** | Tag RugbyTeamwork and Leadership Skills | GymnasticsHockey | DanceNetball | BasketballTennis | CricketAthleticsSwimming | FootballRounders(Swimming) |
| Virtual 5k | Virtual Athletics | Cross-CountryGymnastics?Virtual Basketball | Girls FootballTag RugbyQuiksticksVirtual Hockey | Virtual Tennis | Sports DayAthletics (Corby Tri)Virtual Cricket |
| **Y4** | Tag RugbyTeamwork and Leadership Skills | GymnasticsHockeySwimming | DanceNetball(Swimming) | BasketballTennis | CricketAthletics | FootballRounders |
| Virtual 5k | Virtual Athletics | Cross-CountryGymnasticsVirtual Basketball | Girls FootballTag RugbyQuiksticks Virtual Hockey | Virtual Tennis | Sports DayAthletics (Corby Tri)Virtual Cricket |
| **Y5** | Tag RugbyTeamwork and Leadership Skills | GymnasticsHockey | DanceNetballSwimming | BasketballTennis(Swimming) | CricketAthletics | FootballRounders |
| FootballVirtual 5k | Virtual Athletics | Cross-CountryGymnasticsVirtual Basketball | QuiksticksVirtual Hockey | FootballKwik CricketVirtual Tennis | Sports DayAthletics (Corby Tri)Virtual Cricket |
| **Y6** | Tag RugbyTeamwork and Leadership SkillsSwimming | GymnasticsHockey(Swimming) | DanceNetball | BasketballTennis | CricketAthletics | FootballRounders |
| FootballVirtual 5k | Virtual Athletics | Cross-CountryGymnastics?Virtual Basketball | QuiksticksVirtual Hockey | FootballKwik CricketVirtual Tennis | Sports Day Athletics (Corby Tri)Virtual Cricket |

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|  | Competitions and Events |
|  | Sports taught |
|  | Curriculum Objectives |