



Friday 7th February 2025

Dear Families,

Happy Friday everyone... this week's newsletter is dedicated to the theme of Children's Mental Health Week. Firstly, we would like to say a huge thank you to our Wellbeing Ambassadors: Jack, Kazhary, Layla, Holly and Max. They have provided a fantastic range of activities this week for all the children to enjoy at lunchtime. They have also relaunched our 'worry monster' as a safe way for children to share any worries that they may have.

Moments of Pride

Thank you to our Chaplains, they all worked together to plan and deliver a beautiful prayer session for their classes during this special week. They created a very thoughtful action to remind all the children how important it is to...



*'know myself,
grow myself'*

Children's
Mental Health
Week
2025

The key messages we have been sharing with the children this week are:

- Getting to know yourself and your feelings can help children and young people to manage their emotions and build resilience.
- The more we can understand about ourselves, the more prepared we are to express our emotions, control how we respond to situations and take on life's ups and downs.
- By building a sense of self, it can help children and young people to grow in their ability to connect with others, as well as develop their skills and talents.
- You are not alone. There is support available if you need it. Please reach out for help.
- <https://learningsouthleicestershiressp.org.uk/media/2025/01/February-Newsletter.pdf.pdf>

Next week we will be joining with children across the country to recognise **Safer Internet Day on Tuesday 11th February**. To find out more about this special day, please [click on this link](#). Try the safety quiz with your child. And remember it is always good to make sure that every day you make time to... **'swap your screen for green!' – go outdoors!**

Have a wonderful weekend.

**God bless,
Mrs Dabbs**

Key dates for your diary:

Friday 7th Feb PTFA Clothes & Cake sale in the Hall
Friday 14th February Last day of the term

Monday 17th February to Friday 21st February
Half Term Holiday

Monday 24th February Back to school
Monday 24th February Parents' Evening (VIRTUAL)
Tuesday 25th February Parents' Evening (In PERSON)
Friday 28th February PTFA Quiz & Chips night 7pm
Thursday 6th March World Book Day
(dress up as your favourite book character)
Friday 21st March PTFA Paint Pottle@StJoes 3:30pm
Friday 4th April Homework Project hand in day
Wednesday 9th April Open Classrooms - Curriculum

PTFA Summer Fete – Saturday 17th May 2025

Notices:

Carnival – Saturday 14th June 2025

The theme this year is the
Summer of Love!

If any of you are interested with helping with any of this please do email the School Office by Friday 14th February.

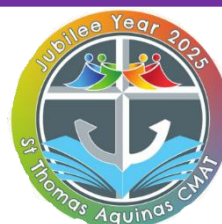


Our St Joseph's After School club have places available on Fridays... To find out more, please email Jess at stjoesasc@gmail.com. Snacks are included and it is £6.50 until 4:30pm or £10.00 until 6pm.

We hope to see many of you at our PTFA Clothes and Cake sale TODAY in the school hall from 3:30pm.



Our virtue for
February is...
GENTLENESS



Lord calm my heart and ease my mind
Help me leave my fears behind
With You, I know I'm safe and sound
In Your peace, my worries drown.

Leave all your worries with him,
because he cares for you.
1 Peter 5:7 (GNT)

