

ST JOSEPH – MARKET HARBOUROUGH

LUNCH MENU: WEEK 1



—ST THOMAS—
AQUINAS

CATHOLIC MULTI-ACADEMY TRUST

MONDAY

Cheese & Tomato Pizza (V)
Vegan Option Available (VG)

Served with ½ Jacket Potato &
Sweetcorn

Vegetable Pasta Bake (V)
(VG)

Served with ½ Jacket Potato &
Sweetcorn (V)

Jacket Potato with Cheese
(V), Beans (VG) or Tuna
Mayonnaise

Served with Side Salad

Assorted Sandwiches
Cheese, Ham, Tuna

Served with Side Salad

Pear & Blueberry Cupcake
(V)
Chocolate Crispy (VG)

TUESDAY

Beef Chilli with Tortilla Wrap

Served with Rice & Seasonal
Vegetables

Roasted Vegetables with Tortilla
Wrap (V) (VG)

Served with Rice & Seasonal
Vegetables

Jacket Potato with Cheese
(V), Beans (VG) or Tuna
Mayonnaise

Served with Side Salad

Assorted Wraps
Cheese, Ham, Tuna

Served with Side Salad

Strawberry Jelly &
Chopped Fruit (VG)
Vanilla Cookie (VG)

WEDNESDAY

Roast Chicken, Stuffing
& Gravy

Served with Creamed
Mashed Potatoes &
Seasonal Vegetables

Roast Quorn Fillet (V)
(VG)

Served with Creamy Mashed
Potatoes & Baked Beans

Jacket Potato with
Cheese (V), Beans (VG)
or Tuna Mayonnaise

Served with Side Salad

Assorted Sandwiches
Cheese, Ham, Tuna

Served with Side Salad

Ice Cream Roll (V)
Oaty Biscuit (VG)

THURSDAY

Sausage Roll

Served with Jacket Wedges
& Baked Beans

Cheese Flan (V)

Served with Jacket Wedges
& Baked Beans

Jacket Potato with
Cheese (V), Beans (VG)
or Tuna Mayonnaise

Served with Side Salad

Assorted Wraps
Cheese, Ham, Tuna

Served with Side Salad

Marbled Sponge Cake
(V)
Flapjack (VG)

FRIDAY

Fish Fingers or Salmon
Fingers

Served with Chips, Peas,
Baked Beans & Tomato
Ketchup

Fishless Fingers (V) (VG)

Served with Chips, Peas,
Baked Beans & Tomato
Ketchup

Jacket Potato with
Cheese (V), Beans (VG)
or Tuna Mayonnaise

Served with Side Salad

Cheese sandwich

Served with Side Salad

Chocolate Haystacks
(V)
Shortbread Biscuit (VG)

w.c. dates

24/8/26

14/9/26

5/10/26

26/10/26

16/11/26

7/12/26